



# Gimli Fitness Centre Gym Membership Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Cell: \_\_\_\_\_

Email: \_\_\_\_\_

***By signing this application I acknowledge that I have read and understood the terms laid out in this application and I agree to abide by them:***

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Admin use:**

**Effective Date:** \_\_\_\_\_

**Expiry Date:** \_\_\_\_\_

**Card Number:** \_\_\_\_\_

## **Terms and Regulations**

Applicant must read the condition below, sign and date the form. Please be advised that the gym is equipped with 24 hour surveillance system for your safety and our security.

### **Hygiene:**

I agree to wipe down the equipment I use with towels and disinfectant provided. I will use paper cups for water provided and dispose of my garbage in the trash receptacles.

### **Workout Gear:**

All members must have gym shoes not outdoor shoes when they enter the gym. Wearing outdoor shoes is not permitted.

Half Lockers are provided in the change rooms for gym membership daily use.

### **Equipment:**

All equipment must be returned to the racks. Mats and magazines must also be returned where they are stored. All equipment must be used properly with safety in mind. Please do not drop heavy weights. They will damage the floor.

## **Informed Consent Agreement Gimli Fitness Centre**

I, the undersigned hereby acknowledge that certain risks or injury are inherent to participation in sports and recreational activities. These types of injuries may be minor or serious and may result from one's own actions, or the action or inactions of others, or a combination of both. I understand that rules and regulations are designed for the safety and protection of participants and therefore undertake to abide by these rules and regulations. I agree that the Gimli Fitness Centre or its servants or agents shall not be liable for any injury to my person or loss or damage to my personal property arising from, or in any way resulting from my participation in these activities, unless such injury, loss or damage is caused by the sole negligence of the Gimli Fitness Centre or its employees, servants or agents while acting within the scope of their duties.

**"I understand that failure to abide by these rules and regulations may mean termination of my membership to the Gimli Fitness Centre."**

**"I declare having read and understood the above "informed consent form agreement" in its entirety and hereby consent to participate acknowledging all of the foregoing."**

**Signature: \_\_\_\_\_ Date: \_\_\_\_\_**

